

Stretton Sugwas Church of England Academy

Relationships and Sex Education (RSE) Policy



Reviewed: Autumn 2023

Mrs C O'Reilly

Introduction: Our Vision

"Each bee plays a part in the hive."

At Stretton Sugwas Church of England Academy, our Christian ethos is built upon the theme of the Body of Christ, which teaches us that we are all an important part of a team, have a unique role to play and must work together to help others. As a result, we encourage everyone in the school community to **belong** to a team, **believe** in themselves and **behave** in a compassionate way.

In terms of our vision, if we believe that we are part of a body, we must look after each part, respect each other's differences and act responsibly. With regards to SRE, this means we should ensure that we teach children how to accept others' differences, look after their own bodies and behave in a way that is respectful to themselves and others.

What Do We Mean By RSE?

Relationships and Sex Education (RSE) is lifelong learning about physical, moral and emotional development. It has three main elements:

- 1. Attitudes and values
- 2. Personal and social skills
- 3. Knowledge and understanding

Our aim is to enable our pupils to respect themselves and others, so that they can move confidently from childhood through adolescence to adulthood.

At Stretton Sugwas, we aim to stress the values of loving relationships, mutual respect, love and care. Science teaching throughout the school includes what may be called the preliminaries of sex education e.g. family compositions and the birth of babies. Reproduction in plants and the production of seeds are also a part of our science curriculum.

In line with the Sex and Relationship Education Guidelines (DfEE 2000) children in Year 6 are given a course of lessons which are usually referred to as 'growing-up talks'.

Since the 2019 guidance we have developed a program of 'relationships education' which will begin in Reception and be taught as a subject in its own right.

* "Bee"long: How Do We Ensure Our Provision Is Inclusive?

As with all areas of the curriculum within our school, all pupils are given the opportunity to participate in all of these lessons. Pupil needs will be assessed each year. Schools are required to comply by law with the Equality Act 2010, under this provision schools must not discriminate against pupils because of their age, sex, race, disability or belief, religion, gender or sexual orientation. We will make sure that sex and relationships education is inclusive and that children with SEN are taught at the appropriate level for their development, always being mindful of the SEND code of practise. As a school we also aim to provide and healthy and respectful environment between peers, regardless of sex and ensure that any sexism and

gender stereotyping is challenged and not accepted. In our safeguarding policy it is made clear that sexual violence and sexual harassment is not accepted in any form.

Parental withdrawal

The new government guidance continues to give parents the option to remove their child from sex education. If a parent wishes this to be the case we would ask that you make an appointment with Mr Davies to discuss your reasons. If parents are considering withdrawal we would like to remind them of the benefits of sex education, such as safeguarding the child and also the potential social and emotional effects of being excluded, in the addition those children would run the risk of hearing their peers' version of what has been taught rather than what was directly said by the teacher. However, once a discussion has taken place Stretton Sugwas C of E Academy will respect the wishes of the parents, and ensure that purposeful education is provided during the period of withdrawal.

Whilst parents have the right to withdraw their child from sex education they do not have the right to withdraw their child from relationships education, as this has been made mandatory by the DFE. SRE is an entitlement for all pupils.

"Bee"lieve: What Do We Think Good SRE Looks Like?

The teaching of Relationship and Sex Education is rooted in many of our curriculum subjects. For instance, friendship is an early theme in the Foundation Stage of Religious Education. Teachers deal with relationships between members of the school community on a frequent, if not daily, basis. Relationship and Sex Education is particularly supported through the science and PSHE/Citizenship frameworks at the primary school level. The class teacher usually delivers these although occasionally outside agencies are asked to assist. Therefore, the new relationships education will build on and complement work previously done, rather than seem a new, 'alien' concept.

Foundation Stage

Our pupils begin their Relationship and Sex Education as soon as they enter our school. Children are encouraged to form good relationships with adults and their peers. In addition, they develop an awareness of their own views and feelings and are encouraged to be sensitive to the feelings of others. As part of their Understanding of the World curriculum the children should be able to recognise the main human body parts. In addition, the routines of good hygiene are reinforced on a daily basis. The three lessons for relationships education in the foundation stage focus on our lives.

KS1 and 2

Relationship and Sex Education contributes to the foundation of PSHE/ citizenship by enabling all pupils

• to develop confidence in talking, listening and thinking about feelings and relationships. This is promoted through class debates, sharing times, discussions and circle time.

- to name body parts and describe how their bodies work. Promoted through stories and rhymes and topic in Foundation Stage and Key Stage One. Promoted primarily through science at Key Stage 2.
- to protect themselves and ask for help and support. Promoted through class discussion, sharing time, circle time, whole school activities such as collective worship. These may be supported by outside agencies such as the police and NSPCC.
- to be prepared for puberty, evidence also shows that puberty is getting earlier in children, therefore there is a need for children to be fully prepared earlier.

Places where Relationship and Sex Education is found in the science curriculum.

National Curriculum Science.

Key Stage One

- 1. b) that animals including humans move, feed, grow, use their senses and reproduce
- 2. a) to recognise and compare the main external parts of the bodies of humans f) that humans and animals can produce offspring and these grow into adults
- 4. a) to recognise similarities and differences between themselves and others and treat others with sensitivity

Key Stage Two

- 1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction
- 2. f) about the main stages of the human life cycle

The areas outlined above form part of the National Curriculum that all pupils are required to follow. Parents have the right to withdraw their children from all, or part of Relationship and Sex Education. Parents are the key people in teaching their children about sex, relationships and growing up.

Phase 1 and 2 Relationships Education

For relationships education the children will be taught in year groups rather than classes, predominantly taught by a member of their class teaching staff, below is a list of focus for each year group:

Year 1 – Growing and caring for ourselves

Year 2 – Differences

Year 3 - Valuing difference and keeping safe

Year 4 – Growing up

Year 5 – Puberty

Year 6 – Puberty, relationships and reproduction

♥ "Bee"have: What Else Will We Do To Promote Good SRE In Our School?

RSE is not limited to only being promoted within curriculum subject content. The underlying themes of positive, safe and healthy relationships is important throughout the interactions, practices and procedures we promote as a school.

Protective Behaviours

From training carried out by our schools Designated Safeguarding Lead and emanated out to all teaching staff, the school covers aspects of Protective Behaviours in PSHE lessons. This is closely linked to Relationships Education, along with Safeguarding Children and giving them a full understanding of what is deemed right and wrong. The two main themes that children look at are: "We all have the right to feel safe all the time." and, "We can talk with someone about anything, even if it is awful or small." As a school we feel these messages encourage children to be open and will help to identify issues before they become a problem. Whole school approached to teaching this will take place during the academic year.

Evaluating and monitoring

Relationship and Sex Education is monitored in several ways in our school. Knowledge and skills in the science curriculum are monitored through class, small group or one-to-one discussions. PSHE/citizenship aspects are usually monitored through oral contributions although some written or illustrated work is sometimes produced and assessed by the class teacher.

No formal assessment of the Y6 talks takes place, but informed debate and questioning are intrinsic to the lessons. The children are asked for their comments and suggestions for improvement. The children can take home the sheets they have produced during these talks or leave them with the teacher. In addition, there have been informal discussions with past pupils and parents about the effectiveness of these talks. We will continue to involve parents in review and decisions around our policy and will hold an annual evening to introduce the parents to the concept of sex and relationships education. This policy will be updated as part of our three year cycle, however, sooner if there are events that require changes to be made. The policy will be reviewed and finalised by the governors.

Complaints or Concerns

Any complaints or concerns regarding the SRE provision at Stretton Sugwas Church of England Academy can be directed to the Headteacher, or in extreme cases, the Chair of Governors. Contact details can be found on the school website.

We are a listening school.